

# SHAKE BABY SHAKE

Choreographed by Connie van den Bos (April 2006)

Video lesson: [www.ladyc.nl](http://www.ladyc.nl) [info@ladyc.nl](mailto:info@ladyc.nl)

48 count, 4 wall, easy intermediate line dance

Choreographed to "Whole Lot of Shakin' Medley" by The Deans, 160 bpm

Start with the dance intro on the first single heavy beat.

Start the main dance 16 counts IN the intro, 16 counts before the main beat starts!

Album: WHOLE LOT OF SHAKIN' GOING ON

## Dance intro, 16 counts

*Only danced once at the beginning! Start directly on the first single loud beat! (2 sec from beginning!)*

### 1-8 R Step, Hold x7

1-8 Step forward on right, hold for 7 counts

### 9-16 L Step, Hold x7

1-8 Step forward on left, hold for 7 counts

## Main dance, 48 counts

*(Start after 16 counts intro music, in middle of intro, 16 counts before de main music really starts.)*

### 1-8 &Jump, Hold, &Jump, Hold, &Out, &In, &Bounce, &Bounce

&1-2 Jump right forward and jump left forward, Hold

&3-4 Jump right back and jump left back, Hold

&5&6 Jump right to the right and jump left to the left, jump right in and jump left in

&7&8 Bring heels up and down, repeat

### 9-16 Paddle Turn (2x 1/4 L), Rock Step, Back Rock

1-4 Step forward on right, turn 1/4 left, step forward on right, turn 1/4 left

5-8 Step forward on right, recover on left, step backwards on right, recover on left

### 17-24 Toe, Heel, Cross, Toe, Heel, Cross, Side Rock

1-3 Touch right toe beside left, touch right heel beside left, cross step right over left

*(For styling swivel on the left foot)*

4-6 Touch left toe beside right, touch left heel beside right, cross step left over right

*(For styling swivel on the right foot)*

7-8 Rock right to the right, recover on left

### 25-32 Heel Grind, Side, Heel Grind, Side, R Chasse, 1/4 turn L Chasse

1-4 Cross step right heel (foot turning from left to right) over left, step left to the left (Repeat)

5&6 Step right to the right, step left together, step right to the right

7&8 Turn 1/4 left and step left to the left, step right together, step left to the left

### 33-40 Step, Kick Ball Change, Step, Step, Pivot 1/2 L, 1/2 L Triple Turn

1-4 Step right forward, kick left & step on ball of left, step on right, step left forward

5-6 Step right forward, pivot 1/2 left shifting weight to left

7&8 Turn 1/4 left and step right to the right, step left together, turn 1/4 left and step right backwards

### 41-48 Back, Shimmy(2-3), Touch, Swivel Walk

1-4 Step left backwards, drag right together with Shimmy Shoulders, touch right next to left

5-8 Swivel heels left and step right forward, swivel heels right and step left forward, (Repeat R+L)

Repeat the Main dance.

Enjoy!